

How can you get help?

You should speak to your doctor or contact the Rehabilitation Department in our facility for more information about enrolling in this program. A quick professional health evaluation is all you need to **help your feet feel better.**



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References available upon request
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Painful Burning Feet

Painful burning
feet can
be successfully
treated
in
over 90%
of people

*Revolutionizing
Rehabilitation*



What do we know about painful burning feet?

If you have painful burning feet, you might have a type of nerve damage called Peripheral Neuropathy. It is a common complication of diabetes, chemotherapy, cardiovascular disease, or alcohol abuse. An estimated 7 million Americans have burning pain in their feet caused by this nerve damage. Aside from pain and discomfort, when left untreated this damage can lead to falls, foot ulcers, and loss of limb in severe cases.

What treatments work?

Until recently, Peripheral Neuropathy was considered irreversible. But medical research has discovered that stimulation from infrared therapy, along with standard rehabilitation treatment, can reduce pain and increase circulation to these damaged nerves.

Who should try our program?

You or a loved one should try our program if you or they have:

- ▶ Burning pain in the feet
- ▶ Foot pain that disturbs sleep
- ▶ Side effects from foot pain medication
- ▶ Fallen or are unsteady while standing or walking
- ▶ Diabetes with pain in the feet

Enroll in our program today. By working together, we can treat your pain and improve the circulation in your feet.

What can you expect in our program?

Your personal health care team will review your diet, fluid intake, and current medications for their effect on your blood sugar levels. Your foot pain, balance, and risk of falling will also be assessed.

Infrared Therapy and Electrical Stimulation for increasing circulation and decreasing pain

Stimulation from infrared therapy combined with mild electrical pulses can comfortably reduce pain and increase circulation to damaged nerves.

Exercises for regaining strength and balance

Simple exercises to regain strength and flexibility in the legs help improve balance, and reduce your risk of falling.

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